



WI News

OCTOBER 2021

theWI
INSPIRING WOMEN

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*"How wonderful it is
that nobody need wait
a single moment
before starting to
improve the world"*

Anne Frank

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However, if you are
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please check before you
travel

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Lincolnshire North Federation of Women's Institutes

Annual Meeting 2022

**We are delighted to report the Annual Meeting
will be back in 2022!**

Same venue.....The Embassy Centre, Skegness

**Same guest speaker.....Amanda Owen
'The Yorkshire Shepherdess'**



**Make a note of the date Wednesday 23rd March 2022 - doors
open at 9.30am for the morning session
and 1.15pm for the afternoon session.**

**The morning meeting will be 'all things WI' and is closed to
non-members, however the afternoon session is open to
everyone and tickets are on sale now.**

Prices are £12 for members and £15 for non-members.

Why not buy some as an early Christmas present?

**Please note tickets for the afternoon will be
strictly numbered.**

CHAIRMAN'S COLUMN

Dear All

What a lovely afternoon I had on September 8 – my first Ladies of Lincolnshire Lunch. Thank you to those who came along for their company – it was great to get together wasn't it?

Our speaker, Inspector Fran Harrod, the neighbourhood policing inspector for Boston, spoke about domestic abuse – a topic that was highlighted further during the lockdowns.

It may seem a 'heavy' subject for a lunch meeting, but in my opinion it was delivered well and there was some useful information shared.

Fran said 2.3 million cases of domestic abuse are reported each year, although the true picture is likely to be much higher.

During lockdown, in Lincolnshire reports to police remained about the same, but other agencies saw a 49% rise.

Fran's message was 'help is out there' whether through the police or charities, such as EDAN Lincs, whose details are printed here.



I am looking forward to meeting more of you at the next two lunches.

Sadly, the planned afternoon tea event to celebrate the centenary of Margaret Wintringham's election to parliament is not going ahead as there was insufficient take up.

This is the opportunity to remind everyone it is important to book onto events and activities as soon as you can please. A number of recent events have sold out very quickly and others are dependent on getting definite numbers by a certain date. You can do this as an individual – you do not have to wait for your meeting and go through your WI secretary.

Finally, thank you to everyone who filled in their proxy voting form for our general meeting to agree the new Articles of Associations for the federation. The meeting was quick – just 5 minutes all in.

Dianne

The final date to receive items for the NOVEMBER 2021 issue is: **Monday 11TH OCTOBER 2021**

Items for inclusion should be emailed direct to: Infwinewsletter@gmail.com

The NOVEMBER issue of WI News will be sent out on **THURSDAY 21ST OCTOBER 2021**

Resolutions update

October sees the shortlisting of resolutions for consideration by members for 2022. As the Public Affairs representative of the Board of Trustees I am joining the resolutions shortlist meeting online – or I will have already done by the time some of you read this. Once the selection has been made they are scrutinised by the NFWI legal team and there may also be some negotiation with the proposer regarding the wording. Only then is the list published in WI Life.

As you know, the 2021 resolution was to raise awareness of the signs of ovarian cancer. As far as I'm aware, by looking at the MyWI Public Affairs and Campaigns page, at the time of writing NFWI hasn't produced their action pack regarding this resolution. (That may not be the case by October, so please sign onto MyWI for all the latest news. There has also been further information in the September mailing from NFWI). However there is an excellent website "Target Ovarian Cancer", which gives lots of information. This organisation has been at the forefront of early diagnosis research for over 10 years and has identified key areas to transform early diagnosis and is developing best practice with GPs and Clinical Commissioning Groups to drive improvement of diagnosis.

There are regular updates from Target Ovarian Cancer that you can sign up to which will come via email. However all the tests in the world won't work unless women get checked out if they have any concerns.

Looking ahead on the Campaigns Calendar, 25 November to 10 December is designated as **16 Days of Action to Tackle Violence Against Women**, a previous resolution. 16 Days is spearheaded by the UN, no less, and NFWI is encouraging members to take action. They are suggesting putting together care packages for a local refuge – but check what the refuge can make best use of first; raise money by cake sales or other fundraisers, or arrange a vigil or evening walk in your local area to draw attention to the campaign.

I look forward to bringing you the 2022 shortlist in November or you'll see it first in WI Life.

Janet Harrison – Federation Public Affairs Officer

Advance notice of a zoom craft class.



Make a basic wreath for Christmas

This demonstration is designed to enable you to make as basic a wreath as you wish requiring only a wreath ring, reel wire or twine and whatever foliage you have. You can decorate it up or leave it 'natural' with a ribbon to hang it by. Members will be supplied with a list of items they will need.

Helen Keyworth



Celebrating the life of

Freda Smith

of Lea WI

who died suddenly at home, aged 83 years.

'She was a lively member of our WI and will be missed by all.'

September 50/50 draw results

1st—£20—no. 25 Bob Booth, non-member

2nd—£10—no. 30 Megs Graham-Rack, Holton Le Moor WI

3rd—£5—no. 42 Audrey Saul, Wragby WI

Binbrook & District WI are back together indoors. Local yoga teacher Anna Meredith joined us speaking about the many misconceptions concerning yoga; it is not all about contorting your body into impossible poses, but about listening to your body. We then had a go doing some 'mindfulness' yoga

Faldingworth & District WI has a new venue! We held our first meeting in **Toft Newton Village Hall** in August, having a social evening with a small finger buffet. We were pleased to welcome 5 visitors to the meeting. It was lovely to see our friends in person again, sharing many 'what we did in lockdown' stories.

Holton le Moor WI demonstrated they were back in business in the community and for the community. An invitation was delivered to all village friends and neighbours and beyond, to be guests at their Open Meeting in the Moot Hall for the launch of their 103rd programme. Folk singers Nigel and Teri entertained. The classic WI buffet and raffle completed a very enjoyable - and eagerly anticipated - evening.

Members of **Hundleby WI** had their first time together in 18 months on a lovely summer afternoon. And in honour of the occasion, sparkling wine was the order of the day. Tea and cakes then followed and the members were given an outline of what is proposed for the next few months.

Hykeham Forum WI celebrated its 50th birthday on 1st September 2021 at our first in person meeting since lockdown, with a cake and refreshments at The Ark, North Hykeham. The cake was made by one of our members, Sally Long. A stand where members were encouraged to bring items of memorabilia to do with our WI saw many photos of crafts, events etc.

During July and August **Manby and Grimoldby WI** began a new Gardening Club. So far two members' gardens have been visited. This new venture, which includes chat and cake, is proving very popular

The ladies of **Nettleham WI** finally got together again on a beautiful afternoon in August. Our 'Strawberry Social' took place in glorious sunshine, where everyone was able to relax, chat and eat. In addition to the strawberries and cream, we had red velvet cake, chocolate cake, fruit loaf, scones and much more

It was celebrations with singing and dancing when **Nocton and District WI** met in person for the first time in 18 months. The singing was courtesy of The Jammers, a group of members. The dancing came from our speaker for the evening, Sally-Ann McWilliams dressed in her beautiful costume. Sally-Ann led us through a series of basic hand and dance movements. The result was at times chaotic and hilarious, occasionally graceful but throughout great fun.

Lincoln WI heard about the work of Lincolnshire Rape Crisis - the services they offer locally, the wider organisation and how they have continued to support people throughout the pandemic and the lockdowns. It was at this meeting that we launched our summer fundraiser. We decided on a collective sponsored walk between the July meeting and the August Social - with members taking the chance to walk more throughout the month and record their miles. We hoped to be able to cover the distance from the Grandstand to NFWI Headquarters in London between us and be sponsored

in aid of Lincolnshire Rape Crisis. We added up our miles - including the miles we walked to the pub and back for our August Social - and in the end, as a collective total, we did 520 miles - which was the distance to NFWI HQ and back twice (minus 20 miles - we decided we'd hitched a lift for that last section!) At the time of writing we have raised £195 for Lincolnshire Rape Crisis.

North Somercotes WI's first meeting on a very wet August evening happened to be a treasure Hunt. These keen ladies braved the rain to answer the clues. Lots of transcribing took place in the dry at St Mary's Church Hall later, together with chat and tea.

Skellingthorpe WI held their first meeting since the start of the covid pandemic. Risk assessments complete, doors open and chairs well-spaced, masks on and hand sanitiser at the ready. We were all a little nervous but so pleased to see our friends again

Spa Afternoon WI members spent an enjoyable afternoon in August making 'Pass the Posies' in our President's wonderful garden. The simple idea of making a small posy to pass on to a friend or someone was much enjoyed.

Stickford & District WI members visited Claythorpe Water Mill, which they thoroughly enjoyed after not meeting for so long. They also arranged a village Summer Fayre and afternoon tea with their famous WI cakes, which was supported and enjoyed by local residents.

Sutton on Sea WI's September speaker was Joy Wood, nurse and author. After seeing Joy at the Federation's speakers evening we were determined to book her and she didn't disappoint. Joy thought it was great that all the members had worn hats as requested by our President.

At their September meeting **Tetney WI** welcomed 6 new members, measured how long their Viking Way scarves were and collected a huge pile of empty blister packs

Thorpe St Peter WI - our August meeting was visiting the Walled Garden in Baumber, sampling afternoon tea. Afterwards members took a leisurely walk around the gardens to check out the different plants and planting styles.

West Ashby WI enjoyed a beautifully illustrated talk on wild flowers in the garden at the first meeting back in its normal home at Ancaster Court. Speaker Neil Timm, better known as the Binbrook Fern nurseryman, also brought ferns to sell. It was the first official meeting.

Wragby WI met in August and 12 of us, plus a dog, went walking around Chambers Wood. It was a lovely evening, so a very enjoyable walk.

'Spooky' was the feeling at **Washingborough WI's** meeting on the 2nd September. It was 'Ghostly' all round when our speaker Keith Hanson spoke about the Ghosts in the Tower of London

The Keals WI enjoyed a mindfulness evening. Candle meditations, mindful minutes and colouring were all sampled, but without doubt eating chocolate mindfully was the favourite exercise of the evening.

Climate change is down to us

In August, the UN's Intergovernmental Panel on Climate Change (IPCC) issued a report. It had been compiled by 200 scientists over many years and has been approved by 195 governments worldwide. The report described a **"code red for humanity"** and stated:

*"Climate change is widespread, rapid and intensifying – and it's **down to us**"*

*"Climate change is not a problem of the future, **it's here and now** and affecting every region in the world,"*

The earth is warmer than it has been in 125,000 years. Greenhouse gases are driving extreme weather, but nations can still prevent the worst impacts. And it is modern society's dependence on fossil fuels that is warming the world.

*"**Human activity** is changing the climate in unprecedented and sometimes irreversible ways"*

The world news has been full in recent months of the devastating effects of climate change – flash floods in London, deadly floods in Germany and China, horrendous wildfires in Europe, record shattering heatwaves in North America.

In August the highest temperature in European history was reached in Sicily, 48.8 degrees C. The report warns that these will get worse if we do nothing.

"increasingly extreme heatwaves, droughts and flooding"

But the report was not all doom and gloom. Scientists believe it is still possible to limit global warming if there is **"immediate, rapid and large-scale reductions of all greenhouse gases"**.

"There is hope that deep cuts in emissions of greenhouse gases could stabilise rising temperatures".

World leaders will be getting together at the United Nations Climate Change Conference, known as COP 26, in Glasgow in November to discuss ways to tackle climate change. Hopefully, after this report, countries will increase their pledges to seriously cut carbon emissions. In the meantime, we can all try to do our bit and these are a few suggestions:

- car share, use public transport, walk or cycle
- eat less meat and dairy
- refuse plastic
- rewild your garden
- consume less, don't waste anything – food, water and power
- think before you buy

***"catastrophe can be avoided if the world acts fast"**.*

Anna Ettridge, Binbrook and District WI, Climate Ambassador, LNFWI

From the Potting Shed.....

After such a dry, hot start to September, I find myself longing for some rain for the garden. Autumn has arrived and leaves are starting to fall. At this time of year, it can be difficult to know how best to care for your garden. The temptation is to take the 'less is more' approach, especially when there's a nip in the air. There is, however, much you can do to stay ahead.



1. Look after your lawn by removing fallen leaves

2. Give the garden a tidy up, greenhouses, ponds, gutters and water butts may all need cleaning out.

3. Sharpen up your hedges Make sure that you trim your hedges so that they are crisp and tidy for the winter months.

4. Split up spring-flowering perennials Divide herbaceous perennials, which flower in the spring, to ensure healthy, vigorous plants that will continue to perform year after year.

5. Plant garlic and spring flowering bulbs.

6. Start spring bedding in beds and containers. Plant out spring bedding and biennials, such as wallflowers. Pots and [hanging baskets](#) can be planted with spring bedding.

7. Grow hyacinths for winter flowers and fragrance. Plant prepared hyacinths in vases to provide winter scent

The **2022 Federation Calendars** have finally arrived. Please contact the office to collect orders. The calendars will be on sale at upcoming events too. There are limited numbers, so don't miss out.

Get involved!!

Now is the time to think about submitting your entry for the 2023 calendar. Following discussion, it was agreed the title will be:

Lincolnshire: A friend to the environment.

The theme will require a bit of thought perhaps.

What do you think fits into that category?

It could be something to do with the landscape, wild flower meadows, pollinators.

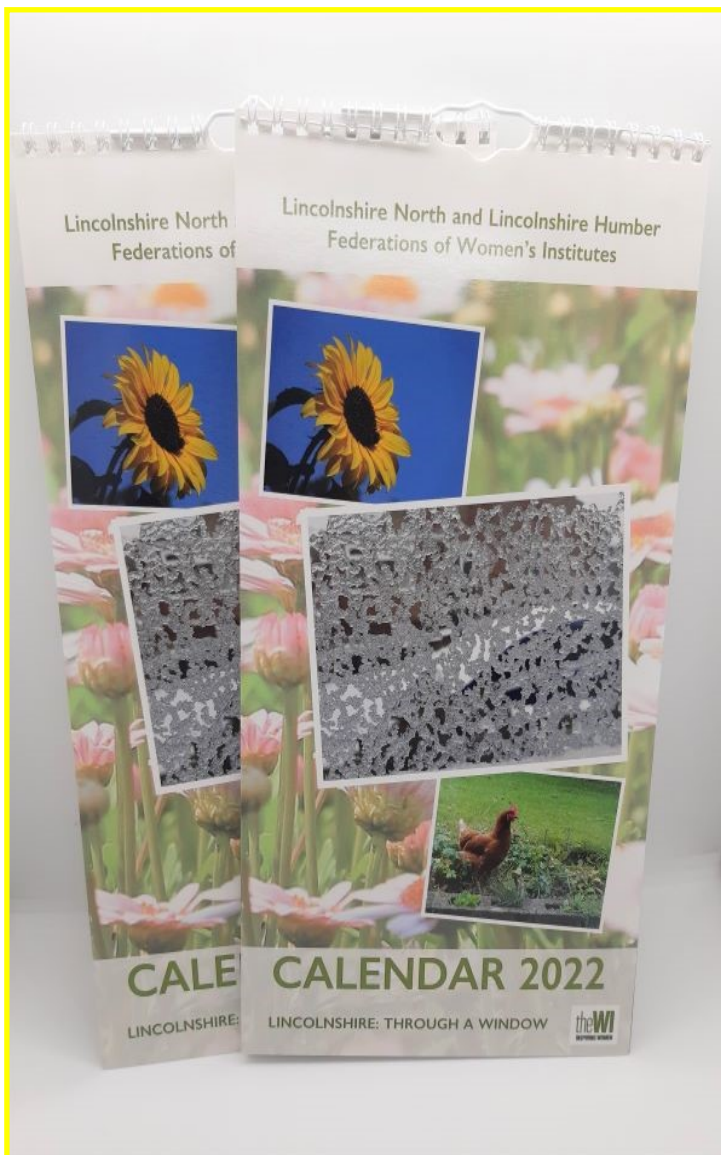
Or maybe it is something you have reused or repurposed.

I am sure we have a number of imaginative members who will be able to come up with something to make us all appreciate our environment.

All we ask is that the image is taken in landscape rather than portrait (horizontal not vertical).

Then, instead of recipes on the reverse, we are looking to put in some top tips to help the environment – maybe through upcycling, ways of reducing waste, saving water etc etc – so submissions for that will also be very welcome.

The deadline for receiving submissions at WI House is January 31.



How is the **Viking Way Scarf** production coming along?
Lots of yards have been logged, have you logged yours yet?

The closing date is 31st October and the Viking Way is 147 miles long, but thankfully our Federation is joined by Lincolnshire Humber and Lincolnshire South Federations in this challenge. The finished scarves will be donated to charities and the homeless.



Just what do those Trustees get up to??

In preparation for our Afternoon Tea at Wintringham 100, the Trustees got together and made some cake stands to show off our fabulous WI cakes. Of course they will also be ready for any other tea parties that we hold in the future. Donations of pretty plates and also a trip around some of the local antique shops yielded some lovely items, which were put together under the guidance of our tutor, Saxilby WI member Linda Coatsworth. Have a look at what we made!



DATE	TOPIC	TIME	COST
OCTOBER			
1 st October	Ladies of Lincolnshire Lunch Cross Keys, Stow FULLY BOOKED	12 noon for 12.30pm	£28.50
6 th October	Snipe Dales Tour Snipe Dales Nature Reserve	11am	£7
14 th October	Snipe Dales Tour Snipe Dales Nature Reserve	11am	£7
22 nd October	Ladies of Lincolnshire Lunch Windmill Restaurant, Burgh le Marsh FULLY BOOKED	12 noon for 12.30pm	£28.50
27 th October	Lincolnshire: Food for Thought New Life Church, Market Rasen	10am – 4pm	FREE
NOVEMBER			
1 st November	Ghost Walk Lincoln	7pm	£8
10 th November	Christmas Craft Workshop via zoom	7pm	TBA
26 th November	Christmas Fair & Market Visit Belvoir Castle FULLY BOOKED	TBA	£35
DECEMBER			
1 st December	Christmas Lunch with Music Wragby Town Hall	12 noon	£18 m £23 nm
6th December	Christmas Wreath Making with Helen Keyworth Via zoom	7pm	£3

**COVID RESTRICTIONS IN PLACE AT THE TIME OF AN EVENT
WILL BE STRICTLY ADHERED TO**

To book a place on any event, please complete the form below and post it or email the office with full information as listed here.

Name(s):

WI :

Event:

Email Address:

Tel. No:

Send completed forms to: WI House, Banks Street, Horncastle Lincs. LN9 5BW.

Please note: confirmation will be sent by email unless otherwise requested.

Cheques should be made out to LNFWI. If you wish to use online banking our details are:

Sort code 40-30-26 Account number: 81186302.

Please quote YOUR NAME and the NAME OF THE EVENT as reference when making payments.

Terms and conditions of booking:

Fees and/or deposits will not be returned unless cancelled by the Board of Trustees or relevant sub-committee. All applications will be taken on a first come, first served basis.