



WI News

theWI
INSPIRING WOMEN

MARCH 2023

Lincolnshire North Federation Annual Meeting

29th March 2023

The Embassy Theatre, Skegness

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Events and more

Lincolnshire North Federation's Annual Meeting is an opportunity to meet people we don't see often enough, hear how our Federation is progressing and its achievements over the previous year.

**If you enjoy your WI membership,
this is a really good day out!**

The ticket price has been held to the same, low cost as 2022 and are an absolute bargain at £12! Make a point of getting your tickets, your WI secretary can book for you or you can contact WI House to make sure you have a place.

Don't miss out!

It will include inspirational speaker Dr Annie Gray, a food historian, broadcaster and prolific author, who you may have seen on TV this month on Greg Wallace's "Inside the Factory". She will have copies of her books on sale, including her latest "Victory in the Kitchen—The life of Churchill's Cook", so make sure you bring along cash to pick up a copy.

There will be information about future events, distribution of certificates for both individual WIs and members and a whole host of items "purely WI!"

The Federation's "Gifts to Go" stall will be there too - accepting cash or card - and pictured below are just some of the new items on offer.



Contact us at:

WI House, Banks Street,
Horncastle, LN9 5BW.

Tel: 01507 525546

Email:

lincsnorthwi@gmail.com

Web:

www.lincsnorthwi.com

Office hours:

Mon - Wed
9am - 4pm

Closed for lunch from
noon to 1pm

If you are making a
special journey, please
call ahead to check the
office is open

The Federation Chairman
can be contacted on

01472 398501 or
07876 614824

Email:

LNFWChairman
@gmail.com



CHAIRMAN'S COLUMN

Hello everyone

This month has seen the Climate Coalition's #ShowTheLove campaign and I was delighted to be able to team up with the library and Old Station Group at Market Rasen to raise awareness.

As you can see, the library put together a fantastic display of books and green hearts, crafted by the Old Station Group and the library's craft groups.

I know many of you also did something to promote the campaign and I look forward to seeing pictures in next month's WI News.

WI annual meetings are in full swing now and thanks go to everyone who has agreed to take on committee roles. As you all know, WIs cannot run without people coming forward in this way. It seems this year has been particularly difficult for some WIs, but by working together we can all get through and continue to enjoy the friendships our WIs bring.

Talking of annual meetings, the Federation Annual meeting at Skegness is fast approaching. It is a wonderful opportunity for everyone to get together, find out first hand what is happening in our Federation and meet other members, as well as enjoying a fabulous speaker. It would be great if we have a good representation from each WI in the federation. I look forward to seeing you there.

Ahead of that, there is of course the coffee morning at WI House on Wednesday March 15, from 10am to 2pm, to mark International Women's Day, and the Spring Extravaganza at Market Rasen on Saturday, March 25.

There is so much going on this year, thanks to our hardworking events team, so that is why the centre pages of this month's WI News lists all events, so you can get planning.

Take care as always

Dianne



The final date to receive items for the April 2023 issue is:

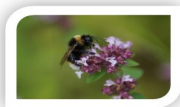
Monday 13th March 2023

Items for inclusion should be emailed direct to: LNFwInewsletter@gmail.com

The **APRIL** issue of WI News will be sent out on

WEDNESDAY 22ND MARCH 2023

Celebrate World Bee Day 2023
Bee Friendly Gardening
10.30am for 11.00am
Thursday 18th May 2023
Pennells, South Hykeham, Lincoln, LN6 9NT



Vikki Sonnenberg will talk to us about bee friendly gardening and what plants we should be growing to encourage these hard-working insects into our gardens.

Gather in the restaurant from 10.30am.

The one-hour presentation will begin at 11am.

The rest of the day is your own - relax or explore the plants in the outside display area, socialise with fellow members and discover the various outlets within the centre.

£5.00 per person

To book your place contact WI House
Telephone 01507 525546 - email lincsnorthwi@gmail.com

Historic Walk - Woodhall Spa

Thursday 11th May 2023 10.30am



Alan Bolt will lead a guided walk around Woodhall Spa, telling the story of how the Victorians and Edwardians made this spa town famous.

Listen to his stories of success, triumphs and failure. Meet at the Cottage Museum, Iddesleigh Road, Woodhall Spa, LN10 6SH, at 10.30am for this easy walk. It will last approximately 90 minutes around central Woodhall Spa.

Please wear suitable footwear and weather appropriate clothing. **£3.50 per person**

To book your place contact WI House
Telephone 01507 525546 or
email lincsnorthwi@gmail.com



Springtime Extravaganza

Saturday 25th March at New Life Church Centre, Market Rasen

Back by popular demand!



Please come and support this Springtime event, that has been sponsored for a second year by Pennells of Lincoln. View the many colourful competition entries, purchase from the stalls, try your luck on the tombola and sample home made cakes with a reviving cuppa!

Competition entries will be staged from 9.30am, judging will take place from 11.00am and the Extravaganza will be open to everyone from 1.30pm.

I'll see you there!

Jean Burgess, Chairman, LNFwi Events Committee



Glide with us at Trent Valley Gliding Club

The Airfield Kirton Lindsey, Nr Gainsborough DN21 4GG At 5.00pm
Holding prices from 2022 WI members £35 non-members £40

Numbers are limited so book early to avoid disappointment.

Email lincsnorthwi@gmail.com or alternatively contact WI House on 01507 525546

Booking closes 17th May 2023

Restrictions apply, participants must weigh less than 16 stone and be no taller than 6ft 4"

Flight duration weather dependant approx. 6-9 minutes.

FULLY INSURED

Science Day - 26th April, New Life Church, Market Rasen

Last chance to book.....

There are a few places still available on the science day, so if you intended to book on – do it now.
There are two really good speakers and a splendid 2 course cooked lunch, all for the great value of £20 – Bargain!

The topics covered are

“Antibiotics, till death do us part”

And

“Saving Lincolnshire's Wetland Wildlife”

2023 Calendar

To assist making an informed decision on what events you want to take part in during 2023

we are publishing our

WHOLE YEAR PROGRAMME

DATE	TIME	EVENT	VENUE	£ / mem	£/non-mem	Book before
March						
10.03.23	11.00am	National Memorial Arboretum Talk	Saxilby	£12.50	£15	27.02.23
15.03.23	10am-2pm	Coffee Morning	Horncastle			
25.03.23	See Schedule	Springtime Extravaganza	Market Rasen			
29.03.23	10.30am	LNFWI Annual Meeting	Skegness	£12		
April						
21.4.23	1pm - 3pm	Defibrillator Awareness	Lincoln Grandstand	£10	£10	7.04.23
26.04.23	10.00am	Science Day	Market Rasen	£20	£25	14.04.23
29.04.23		Women Walk the World	Anywhere!			
May						
11.05.23	10.30am	Guided History Walk	Woodhall Spa	£3.50	£3.50	24.04.23
12.05.23	7.30pm	Federation Quiz Night	Saxilby	£5.00	£5.00	11.04.23
12.05.23	7.30pm	Federation Quiz Night	Sutton on Sea	£5.00	£5.00	11.04.23
12.05.23	7.30pm	Federation Quiz Night	Wragby	£5.00	£5.00	11.04.23
18.05.23	11.00am	Bee Friendly Gardening	Pennells, Lincoln, LN6 9NT	£5.00	£5.00	02.05.23
25.05.23		NFWI AM	Cardiff and online			
28/29.05.23	Weekend	Carrington Steam Rally	Carrington, Boston			
June						
03.06.23	TBA	Ramble & Gin	South Ormsby Estate,	TBC	TBC	15.05.23
07.06.23	5.00pm	Gliding	Kirton Lindsey	£35	£40	17.05.23
21/22.06.23	All day	Lincolnshire Show	Lincolnshire Showground	~	~	
30.06.23	All day	Steam train/paddle boat	Norfolk	£46	£51	15.05.23
July						
????		Nordic Pole Walking	Whisby			
09.07.23	TBA	Spilsby Show	Spilsby	~	~	
10.07.23	9.30am	Lincolnshire Energy from Waste	Lincoln	£5.00	£5.00	26.06.23
10.07.23	1.00pm	Lincolnshire Energy from Waste	Lincoln	£5.00	£5.00	26.06.23
13.07.23	6.30pm	To 'E' or not To 'E' - Electric Cycle	Thurlby Motors, Louth	Free	Free	26.06.23
25.07.23	10.30am	Lincoln Castle Guided Tour	Lincoln	TBC	TBC	03.07.23

Terms and conditions of booking:

Payment must be received to confirm booking. All applications will be taken on a first come, first served basis.

Fees and/or deposits will not be returned unless cancelled by the Board of Trustees or relevant sub-committee.

2023 Calendar

Remember, the vast majority of events are open to both members and non-members,
so why not sign up your friends or family too.

Book early and make payment by the closing date to secure your place

DATE	TIME	EVENT	VENUE	£ / mem	£/non-mem	Book before
August						
08.08.23	2.00pm	Guided tour of Manor & grounds	Kingthorpe Manor, near Wragby	£7	£10	24.07.23
TBA		Paddle Boarding	Tattershall	TBC	TBC	
19.08.23	TBA	Croquet	Woodhall Spa	TBC	TBC	31.07.23
September						
07.09.23	12 noon	Ladies of Lincolnshire Lunch	Woodhall Spa	TBC	TBC	21.08.23
16.09.23	All day	National Memorial Arboretum - coach trip	Staffordshire	£25	£30	21.08.23
22.09.23	10.30am	Carriage Driving	Skellingthorpe	£30	£35	04.09.23
22.09.23	1.30pm	Carriage Driving	Skellingthorpe	£30	£35	04.09.23
30.09.23	TBA	Celebrate Lincolnshire—Interfederation event	Leasingham Village Hall	£15		
October						
05.10.23	10.00am	Axe Throwing	Louth	£65	£70	18.09.23
06.10.23	12 noon	Ladies of Lincolnshire Lunch	Stow	TBC	TBC	18.09.23
10.10.23	2.00pm	Lincoln Guildhall Guided Tour	Lincoln	£10	£15	25.09.23
27.10.23	12 noon	Ladies of Lincolnshire Lunch	Burgh le Marsh	TBC	TBC	09.10.23
November						
03.11.23	All day	Creative Craft Show	NEC, Birmingham	£35	£40	02.10.23
20.11.23	All day	A Stately Christmas	Chatsworth, Derbyshire	TBC	TBC	23.10.23
29.11.23	12 noon	Christmas Lunch & Entertainment	Wragby Town Hall	TBC	TBC	13.11.23
December						
08.12.23	All Day	A Stately Christmas	Castle Howard, Yorkshire	TBC	TBC	06.11.23

To book a place on any event email the office including the names and WI (where applicable) of those attending, together with contact details for each person (email address preferred)

Applications can also be made by post to: WI House, Banks Street, Horncastle Lincs. LN9 5BW.

Please note: confirmation will be sent by email unless otherwise requested.

Please pay by bank transfer if possible:

Account name: Lincolnshire North Federation of Womens Institutes

Sort code 40-30-26 Account number: 81186302.

Please quote YOUR NAME and the NAME OF THE EVENT as reference when making payments.

Cheques should be made out to LNFWI.

Bure Valley Railway, Aylsham, Norfolk & Mississippi Paddle Boat, Horning, Norfolk Friday 30th June 2023



Bure Valley Railway



Wroxham



Mississippi Paddle Boat

WI member £46

Non-member £51

Our PC Coach will pick up from Alford, Louth, Horncastle, Wragby, Lincoln.
Times to be advised asap – first pick-up expected to be at approximately 6.30am.

Details of the itinerary in next month's WI News

Closing date for bookings – Monday 15th May 2023

COMMUNITY BYSTANDER CPR and DEFIBRILLATOR AWARENESS

**Join us on Friday, 21st April, 1 pm – 3 pm
at Lincoln Grandstand, Saxilby Road, Lincoln LN1 1SE
Members and Non-Members £10 (to include refreshments)**

Do you often wonder when you see a defibrillator machine on the wall "What would happen if someone had a cardiac arrest and I was the only person there and needed to use it, what would I do?"

Now is an opportunity to have any doubts dispelled. This is not a First Aid Course but you will join LIVES CPR Champions and learn the lifesaving skill of bystander CPR. They will talk you through Hands only CPR and use of a Defib. If you just want to be an onlooker you are also welcome to attend.

To book your place please email the office on lincsnorthwi@gmail.com
Please quote your name and the Name of the Event as reference when making your booking, or use the form on Page 8 of WI News and send a bank transfer payment.

Closing date for bookings 7th April

Around the Federation

Bardney WI members brought some extraordinary old objects to our February meeting. No, I'm not talking about husbands! Our speaker was Iain George, an archaeologist for Lincolnshire County Council, managing Lincolnshire's historic environment. As part of his theme that "History is all around us - there is not a patch of earth in Lincs that hasn't played a part in our human history", he told us of his work on The Lincoln Eastern Bypass, where Roman artifacts were found, including a sole from a Roman shoe and elsewhere a beautiful horse brooch complete with pin and other Anglo Saxon objects. These will be added to a computerised database to provide a Historic Environment Record. Iain certainly knew his stuff and kept us enthralled. By the way our competition winner was a Victorian "Skirt Lifter" brought in by a member.

Binbrook & District WI enjoyed a very informative talk by Neil Timm, talks coordinator for The National Open Garden Scheme charity in Lincolnshire and owner of the Fern Nursery in Binbrook. Neil spoke about the many wild flowers that thrive in the Wolds and how best to use them in your garden.

Caistor members welcomed Joy Wood, who spoke about her transition from many years as a nurse to author in 2015, hence the title of her talk 'From Bedpan to Pen'. She has now written seven books.

Heighington WI welcomed Graham Colbourne from the Bat Conservation Trust, who is a member of the Lincoln Bat Group and is also licensed to survey and record bats. Lincolnshire is home to 12 of the 18 British resident breeding species of bat. They need habitats of trees, water, gardens. They are legally protected and currently face many threats, including loss of habitat and food. Did you know that bats are more closely related to humans than mice as we share 96% of DNA.

Ludford WI held an opening meeting in February, when they were entertained by folk group Da Capo

Spa Afternoon WI was let down by the planned speaker in February and members were asked to join in 'Circle Time'. Topics were varied - 1953 Coastal floods, 1960 Horncastle floods, Bayeux Tapestry, knitting for the local hospitals and family history. The meeting finished with tea and biscuits. We shall celebrate our 30th birthday after the Annual Meeting next month.

Skellingthorpe WI hosted a Lincs & Notts Air Ambulance talk by Julia Parker, who gave a passionate talk on the service that the helicopter and two critical care cars provide to our area. This charity is mainly funded by the lottery, public donations and legacies. They also now carry blood for transfusions. The cars are equipped the same as the helicopter. They have 10 Pilots, 18 Paramedics and 30 Doctors. We were all moved by Julia's talk.

Tetford WI. 'All Things Japanese' was the illuminating subject of the January meeting, when Jennifer Ichikawa described her many years as one of the few foreigners in this volcanic and patriarchal society of 126 million. Her mastery of the language gave her a deep insight into its fascinating culture. There were numerous entries into the 'Compose a Haiku' competition, which Jennifer also kindly judged.

Thorpe St Peters WI February meeting had a Valentine theme. Members made a floral arrangement for the table on Valentine's Day for a romantic meal centrepiece. Chris provided members with flowers/leaves, hearts, chocolates and a beautiful glass vase and gave a short demonstration. It was a therapeutic evening and everyone went home relaxed and happy with their individual floral centrepiece.

Upton cum Kexby WI spend a lot of time decorating the village telephone box to promote our WI.

Washingborough WI welcomed two representatives from the Charity Bransby Horses, which was founded in 1968 by Peter Hunt. Paige and Rachel, with the aid of a Power Point presentation, gave a comprehensive talk on all aspects of the work carried out by Bransby Horses, which is one of the largest equine charities in the UK. Vital work is carried out on site to improve the health and welfare of the equines, providing essential special and medical and behavioural care. The Charity is entirely reliant on public donations and legacies.

Brrr.... It's cold out there. Why not try making this delicious soup to keep the cold at bay.

Sweet Potato and Butternut Squash Soup with crusty bread.

500g butternut squash; 550g sweet potato; 200g white onion;
3 chicken stock cubes dissolved in
700ml boiling water

For the soup, dice the onion, potato, butternut squash, sweet potato and place in a large saucepan and add the stock.

Bring to a boil and cook for 10 minutes until the veggies are soft.

Season with the black pepper and blitz to a smooth, silky soup.

Drizzle over some Worcestershire sauce and serve with the crusty bread for a delicious valentines supper.



QUIZ!

QUIZ NIGHT!

Friday 12th May, 2023

- Enterprise Hall, Sutton on Sea
 - Town Hall, Wragby
 - Village Hall, Saxilby

7.00pm for 7.30pm start

£5 per person

Pick your venue and join us for a fun night out at the Federation Quiz Night!

Maximum of 4 per team – at least one member of each team must be a WI member.

Tea and coffee will be served on arrival. Bring your own drink if you prefer! (Don't forget a glass!)

A small prize and certificate will be awarded to the winning team at each venue on the night.

The Marjory Mason Trophy will be presented to the winning team with the most points overall.

Closing date for bookings - Tuesday April 11



REMINDER

ACWW invites you to a coffee morning to celebrate International Women's Day with coffee, cake and a quiz
15th March
at WI House, Horncastle.

From 10am to 2pm.



WOMEN WALK THE WORLD

Save the date!

On and around 29th April please can members support the ACWW and "walk the world".

No sponsor sheets this time, just a collection of any amount will be

much appreciated.

Secretaries have more information on this ACWW initiative.

Thank you

Maria Scott - Federation ACWW representative



February 50/50 draw

1st prize £15 - Mary Hoban - East Barkwith WI

2nd prize £10 - Ruth Elliott - Owmbly & District WI

3rd prize £5 - Lindy Fillingham - Sturton by Stow WI

Are you keeping up to date with all of the events, training and visits the Lincolnshire North Federation is putting on this year?
If you want to know more visit our website, follow the Facebook page or take a look at pages 4 and 5 in this issue of WI News

www.lincsnorthwi.com

facebook.com/lincsnorthwi

theWI
INSPIRING WOMEN

Celebrating the life of

Helen Power a member of Washingborough WI passed away in January. A very stalwart lady who will be sadly missed by family and friends.

Jane Anderson from Upton cum Kexby WI who passed away suddenly on January 11th. A past President and lively member for many years will be sadly missed.

Joyce Clayton aged 103 when she passed away before Christmas, ex Scothern WI member.

Sandra Jackson of Sutton on Sea WI passed away suddenly.

Bobbie Denny of Wragby WI sadly passed away 13th February. Bobbie loved her WI evenings.